

Worldlink Medical's Online CME 2020

The Basics of Hypothyroidism, Identification, Symptom Management and Treatment

1 AMA PRA Category 1 Credit TM. 1 Nursing Contact Hour

February 15, 2021

CLAIM CREDIT INSTRUCTIONS

To complete the course Post Test Evaluation and receive your Certificate of Credit, go to FCMcme.org and at the top click on "claim credit" choice and follow the instructions provided.

For "new users" you will need to click on "new user" and create a login and password. When you have registered onto the site click on the "claim credit" prompt and enter the course code below.

Enter the program **Course Code HYPWLMODZ4** (where indicated).

Now click on the **Take Exam** link which is displayed directly across from the program title. Click the link and follow the prompts.

Return users will be directed to your FCM "User Record" page where a "Take Exam" link will be displayed directly across from the program title. Click the link and follow the prompts. If you do not see the specific course exam you are looking for click on **Claim Credit** and enter the appropriate **Course Code**.

Upon successful completion of the online Post Examination and Evaluation Form you will be directed to your FCM User Record page where you may Print/View your Statement of Credit (certificate). Certificate links become a permanent part of you FCMcme.org user record. You may return anytime in the future to the FCMcme.org website to Print/View previously claimed credits.

**We also invite you to participate in any of our accredited online programs.*

Disclosure Statements

Speaker:

Robert Morgan, APRN, ACNP, MSN

Planning Committee:

Robert Morgan, Content Expert, and Mary Corry, MSN Lead Nurse Planner, have no relevant relationships with commercial interests to disclose.

Conflict of Interest Disclosure Policy

It is the policy of the Foundation for Care Management (FCM) to ensure independence, balance, objectivity, scientific rigor and integrity in all of its continuing education activities. FCM requires everyone in a position to control the content of this activity to disclose any financial conflicts of interest they may have as related to the content of this activity and having occurred within the last 12 months. A Financial relationship are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria for promotional speakers bureau, has ownership interest or other financial benefit. The faculty must disclose to the participants any significant relationships with commercial interests whose products or devices may be mentioned. All identified conflicts of interest are thoroughly vetted by FCM for fair balance, scientific objectivity of studies mentioned in the material or used as the basis for content and appropriateness of patient care.

"A commercial interest is any entity producing, marketing, re-selling, or distributing health care goods or services consumed by or used on patients".

Objectives:

Upon completion of this workshop, the healthcare professional will be able to:

1. *Describe and identify the definition of hypothyroid and the signs and symptoms associated with declining thyroid levels.*
 2. *Identify three complications of untreated hypothyroidism.*
 3. *Examine and identify 2 major flaws of the TSH (Thyroid Stimulating Hormone).*
 4. *Describe TSH Suppression and identify the criteria to diagnose hyperthyroidism and the diagnostic tests necessary to make the diagnosis including the TSH, Thyroid stimulating Immunoglobulin (TSI), RAIU, Ultrasound and CT Scan.*
 5. *Examine and identify differences between TSH suppression and hyperthyroidism, the use of the free T4 and T3 versus the TSH and optimizing those levels to the upper half of the range to achieve symptom relief.*
-
-

Course Description

During this presentation, Robert Morgan will be describing the pathophysiology of hypothyroidism and the problems with using TSH levels to determine if the patient is a good candidate for therapy. He will describe the prevalence of iodine deficiency and how environmental factors have increased the prevalence of hypothyroidism. In addition, he will describe the evidence that supports supplementing T4 medication with T3 to help resolve patient symptoms and improve patient outcomes.

ACCREDITATION STATEMENTS

AMA PRA Category 1 Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Foundation for Care

Management (FCM) and Worldlink Medical. The Foundation for Care Management is accredited by the ACCME to provide continuing medical education for physicians.

FCM designates this educational activity for a maximum of 1 *AMA PRA Category 1 Credits*[™].

Physicians should only claim credit commensurate with the extent of their participation in this activity.

The ACCME defines a “Commercial Interest” as any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

Nursing Statement

The Foundation for Care Management is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. *1 Nursing contact hour(s)*.

This webinar is supported by an educational grant from Acella Pharma.

- The Foundation for Care Management cannot provide a statement of credit unless an evaluation form has been filled out online. Please go to www.fcmcme.org to access the evaluation form.